

DEEP

Lesson #2 How Can I Experience God?

The purpose of this lesson plan is to:

- Create a fun and interactive learning experience
- Provide teaching options in addition to the Leader Q Card
- Creatively revisit the Bible story featured in the teaching video
- Give kids an opportunity to further explore the application point

PROGRAM

Activity	Length of Segment	Running Time
Q Card: Discussion	15 minutes	Start-15 minutes
Picture: Bible Story	5 minutes	15-20 minutes
Play: Learning Activity	10 minutes	20-30 minutes
Plan: Group Commitment	5 minutes	30-35 minutes
Prayer: Prayer Cards	5 minutes	35-45 minutes

PREP

You will need:

- Dice (2 for each large or small group)
- Game Prizes (optional)
- Prayer Cards (1 per kid)
- MAP Books (1 per kid)

PICTURE (The Bible Story)

In this portion of your class time you have the opportunity to review the Bible verses presented earlier in the teaching video. The object is to paint a picture that kids will understand and remember. When reading the verses, remember you are painting a picture for your viewers. Have fun and explore your creativity. Here are some ideas to make your storytelling more memorable:

- You could ask the kids to act out the story as you read it aloud
- The characters in the story are: Messengers, Jacob, God, Esau, Esau's Men

Jacob is Blessed
(Selected Verses from Genesis 32:4-32)

After delivering the message, the messengers returned to Jacob and reported, "We met your brother, Esau, and he is already on his way to meet you—with an army of 400 men!" Jacob was terrified at the news. He divided his household, along with the flocks and herds and camels, into two groups. He thought, "If Esau meets one group and attacks it, perhaps the other group can escape."

Then Jacob prayed, "O God of my grandfather Abraham, and God of my father, Isaac—O LORD, you told me, 'Return to your own land and to your relatives.' And you promised me, 'I will treat you kindly.' I am not worthy of all the unfailing love and faithfulness you have shown to me, your servant. When I left home and crossed the Jordan River, I owned nothing except a walking stick. Now my household fills two large camps! O Lord, please rescue me from the hand of my brother, Esau. I am afraid that he is coming to attack me, along with my wives and children. But you promised me, 'I will surely treat you kindly, and I will multiply your descendants until they become as numerous as the sands along the seashore—too many to count.'"

This left Jacob all alone in the camp, and a man came and wrestled with him until the dawn began to break. When the man saw that he would not win the match, he touched Jacob's hip and wrenched it out of its socket. Then the man said, "Let me go, for the dawn is breaking!"

But Jacob said, "I will not let you go unless you bless me."

"What is your name?" the man asked.

He replied, "Jacob."

"Your name will no longer be Jacob," the man told him. "From now on you will be called Israel, because you have fought with God and with men and have won."

"Please tell me your name," Jacob said.

"Why do you want to know my name?" the man replied. Then he blessed Jacob there.

PLAY

(Learning Activity)

In this portion of your class time you will lead your class in a fun and exciting activity that will help your kids apply the Bible lesson to their everyday lives.

"Tune into God"

HOW TO START:

- Small Groups: divide kids into 2 teams
- Large Groups: divide kids into 4 teams

HOW TO PLAY:

- Say, "This game is called Tune into God. This game will remind us to keep our focus on God each moment of the day."
- Player from Team #1 rolls both dice
- Read the "Place" phrase that matches the first number (see below)
- Read the "Prayer" phrase that matches the second number (see below)
- Player fills in the blank at the end of the prayer statement
- Example: If the player rolls a 2 and a 4, you will read, "When I am with my friends, I can pray, God please help _____"
- Player receives points for his/her team equaling the dice numbers rolled
- Repeat all steps as time and interest permit
- Team with the most points wins the game

Place Phrases:

- #1 - When I am with my family, I can pray...
- #2 - When I am with my friends, I can pray...
- #3 - When I am in my classroom, I can pray...
- #4 - When I am on the playground, I can pray...
- #5 - When I am alone, I can pray...
- #6 - When I am in the car or on the bus, I can pray...

Prayer Phrases:

- #1 - God, please help me to _____
- #2 - God, thank you for _____
- #3 - God, please forgive me for _____
- #4 - God, please help _____
- #5 - God, I love you because _____
- #6 - God, help me to _____

PLAY OPTIONS:

- Hand out game prizes to all players

PLAN

(Group Commitment)

In this portion of your class time you have the opportunity to lead your group to make a commitment. You may select any ONE of the options provided or your group may create its own. Encourage the kids to write their commitments on their Prayer Cards so you can be praying for them during the week.

Commitment Options:

- Make a prayer journal. Write in your prayer journal every day this week. Write your prayers to God. Tell him what you are thankful for and ask him for help with the challenging things in your life.
- When people around you are having a tough time this week, ask them if you can pray with them.
- When you are outside this week, thank God for creating such beautiful things for you to enjoy.

PRAYER

In this portion of your class time, have your kids fill out the Prayer Card. Take the cards home and pray for your kids throughout the week. End your time together by praying for your group commitment.

Hand out prayer cards

- Ask kids to fill in their commitments in the space provided
- Ask kids to fill in their prayer requests in the space provided
- Collect cards so you can take them home and pray for your kids
- Close in prayer

God, we thank you for always being with us. We want to think about you and talk to you every moment of the day. Help us to thank you when we see beautiful things in your creation. Help us to ask for help when we feel upset or lonely or sad or angry. We want you to lead us through the day, and we want to keep our hearts and minds focused on you. Help us to look for you in everything this week, and please help us to complete the things we have committed to do this week. In Jesus' name, amen.

Remember to...

- Hand out the MAP Books
- Remind the kids to complete them and bring them back next week